



City of McKinney

Proclamation

WHEREAS, Posttraumatic Stress Disorder (PTSD) can occur after a person experiences trauma including, but not limited to the stress of combat, rape, sexual assault, child abuse, bombings, accidents and natural disasters, and affects approximately 8 million adults in the United States annually; and

WHEREAS, PTSD is associated with chemical changes in the body's hormonal system and autonomic nervous system, and is characterized by symptoms including flashbacks, nightmares, insomnia, avoidance, hypervigilance, anxiety, and depression; and

WHEREAS, the brave men and women of the United States Armed Forces, first responders, and others who proudly serve the nation and their communities, and risk their lives, deserve every possible resource to ensure their lasting physical, mental, and emotional well-being; and

WHEREAS, despite its treatability, many cases of PTSD remain undiagnosed and untreated due to a lack of awareness of this condition and the persistent stigma associated with mental health conditions; and

WHEREAS, raising awareness of this condition is necessary to remove the stigma and to encourage those suffering to seek proper and timely treatment that may save their lives; and

WHEREAS, all citizens suffering from PTSD deserve our consideration, and those who are affected by PTSD from wounds received while protecting our freedom, deserve our respect and special honor.

NOW, THEREFORE, I, GEORGE FULLER, BY THE POWER VESTED IN ME AS MAYOR OF THE CITY OF MCKINNEY, TEXAS, DO HEREBY PROCLAIM THE MONTH OF JUNE 2021 AS

POSTTRAUMATIC STRESS DISORDER MONTH

IN MCKINNEY, TEXAS, TO BRING AWARENESS TO THOSE WITH PTSD AND TO ENCOURAGE PEOPLE TO REACH OUT TO THEIR FELLOW CITIZENS TO PROVIDE SUPPORT AND REMOVE THE STIGMA ASSOCIATED WITH THIS DISORDER.

WITNESS MY HAND AND SEAL THIS 15th DAY OF JUNE, 2021.

George C. Fuller, Mayor

ATTEST:

Empress Drane, City Secretary