

Dear City Council of McKinney,

I watched the video of the council meeting concerning the discontinuation of adding fluoride to the drinking water. This was a very vague and misleading presentation in my opinion.

1) They did not say what the recommended PPM (parts per million) for fluoride was. Up until about 10 years ago it was 1 PPM when I contacted Baylor College of Dentistry - who may still check the fluoride concentration in water samples for you - they had modified it to .6 PPM.

2) There was no mention of what the current fluoride levels are without the added fluoride or to what level they are modified.

3) They said that topical fluoride is better than having it in the water. That's true for teeth that are already formed. Not for developing teeth. Fluoride in the building blocks of teeth are much more resistant to decay than trying to add it later.

4) Then they turned around and showed how toothpaste, i.e. topical fluoride, is labeled with a warning not to swallow it, so it therefore must be dangerous. There is significantly more fluoride in toothpaste than in the water. Always take medications and even vitamins as directed in dosage and method of application. Too much vitamin A is lethal.

5) Their medical issues were based on the patients having fluorosis, not the water. "Osis" as I recall means "diseased condition of or pathology". That would mean **excessive** levels of fluoride in the water or other source. Sometimes that occurs naturally as in west Texas. You certainly would not add fluoride in that situation.

One thing that struck me as humorous was the lady that submitted the Power Point for the councilman to present said "follow the money to see why we put fluoride in the water". Dentists are the ones who advocate the fluoride and it has reduced the need of dental services/dentists and helped millions of people for decades.

I am all for keeping our water as clean and healthy as possible. If the science show that adding fluoride at recommended levels is unhealthy, we need to evaluate which "unhealthy" is worse and more likely. But I haven't seen any.

Please continue to help all of your citizens by keeping the levels of fluoride in the drinking water at recommended levels.

Respectfully,

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