



WHEREAS, September is designated as National Senior Center Month by the National Institute of Senior Centers, and this year's theme is '*Flip the Script*' – an opportunity to challenge outdated perceptions of aging; and

WHEREAS, since 2002, the McKinney Senior Recreation Center has played a vital role in meeting the changing needs of older adults by exploring new possibilities, fostering creativity, connection, purpose and resilience through inclusive, engaging spaces where Senior members can thrive; and

WHEREAS, the mission of the McKinney Senior Recreation Center is to provide life enrichment opportunities that create meaningful connections through physical and social wellness in a welcoming environment to adults 50 and older. Throughout its history, the McKinney Senior Recreation Center has offered passive and active recreation opportunities, such as aquatic exercise, senior adult swim, health and wellness services, fitness classes, social groups, and continuous learning options; and

WHEREAS, these services and recreational opportunities provide our Senior members with a space for gathering, support, and community-building, to thrive, and live vibrant, fulfilling lives with purpose, inclusiveness, and socialization.

NOW, THEREFORE I, BILL COX, BY THE POWER VESTED IN ME AS MAYOR OF THE CITY OF MCKINNEY, TEXAS, DO HEREBY PROCLAIM THE MONTH OF SEPTEMBER 2025 AS

NATIONAL SENIOR CENTER MONTH

IN MCKINNEY, TEXAS, CALLING UPON ALL RESIDENTS TO '*FLIP THE SCRIPT*' ON AGING, REIMAGINE WHAT IT MEANS TO GROW OLDER AND LIVE LIFE TO THE FULLEST, AND TO RECOGNIZE THE MCKINNEY SENIOR RECREATION CENTER, ITS STAFF, AND VOLUNTEERS FOR SERVING THE BETTERMENT AND WELL-BEING OF ALL SENIOR ADULTS IN OUR COMMUNITY.

WITNESS MY HAND AND SEAL THIS 2ND DAY OF SEPTEMBER, 2025.

Bill Cox, Mayor

ATTEST:

EMPRESS DRANE, City Secretary